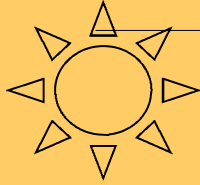




One Stop Shop *Newsletter*



Spring 2008



Big Lottery

An application was submitted to the Big Lottery fund on 18th April. This bid was submitted with the help of JHP training who provide ECDL courses within the One Stop Shop. The new application is for funding to bring new courses both 'soft skills' and qualified courses to the community and surrounding villages. JHP aim to bring new computer courses e.g. MOS office. This is a new 'hands on' computer course that lasts approximately 2½ days in total. If successful there will also be REHIS courses and health courses in partnership with Healthy Valleys. We also hope to bring more events for school age children as because of lack of funding we have been unable to deliver as many as previously. There will be a number of open days held in order to get feedback from the local people. It will be 5 months before we hear if our bid has been approved.

One Stop, Your Stop, Full Stop.

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Registered Charity No: SCO15679



the coalfields
regeneration trust

Coalfields Regeneration Trust Funding Application

A grant application was submitted to Coalfields Regeneration Trust for the post of a Regeneration Development Manager in March 2008. There is a need to regenerate the community through investing in the community and we want to address this by securing more vital services and events in Coalburn and will only be able to do this if we can secure this position as our funds are limited. We want to build on what we have already achieved and aim to continue to do this for the foreseeable future. We are the only service provider in this area as there are no local authority services or limited advice services available other than to travel out with the village. As transport links are poor this can be a very lengthy and costly exercise for anyone in the community. We will continue to consult with the local community and all users of the Centre for their feedback and ideas on how best to move this project forward. We aim to provide vital local authority and NHS services that are not available in the village at the moment. We hope to hear if we have been successful by the end of May 2008 and will keep the community informed of the outcome. All at the One Stop Shop appreciate the support we have from all in the community and hope this will continue in the future.

Charity Shop

Coalburn One Stop Shop secured funding from 'Awards for All' to do a feasibility study into bringing a charity shop/IT facility to the village. We held a number of charity shop event days in order for us to gauge the level of interest there would be. There was a two day event on Wednesday 26th and Thursday 27th March in the main hall upstairs. This was met with limited success. We also held a two day event on Tuesday 15th and Thursday 17th April in the One Stop Shop crèche area. This was very successful, maybe because it was more accessible. We aim to run the charity shop during the summer school holidays, this will give us a better insight on how successful such a shop would be within the village. This will be held in the crèche area of the One Stop Shop. There are survey forms available for members of the public to complete and give us their views on this and also the idea of bringing a 'Food Cooperative'. This aims to bring fresh fruit and vegetables to the community. The staff and committee of the One Stop Shop would like to thank all those who donated in order for us to be able to hold these events and also to the volunteers who helped run this as without them it would not have been possible. If you wish to donate or help at the next event please contact us on 01555 820060.





Coalburn **One Stop Shop** is delighted to continue to work in partnership with *Healthy Valleys*. There is 'pampering pitstop' sessions on in a Friday from 10.00 am to 12.00 noon. This is aimed at people who are stressed, depressed, fed up or just struggling for time. This has now been running for over a year and has proved to be very popular. Why not come along and try for yourself the range of treatments available. This service is free and there are crèche places also available free of charge for those with small children. As numbers are limited each way please telephone Helen at the **One Stop Shop** to register on 01555 820060.



Salsa Classes



Healthy Valleys provide a dance coach to run the **Salsa Classes** held in the Bellfield Suite (main hall) of Coalburn Miners' Welfare on a Thursday afternoon between 1.30pm and 2.30 pm. The numbers have steadily increased since this session started and are a very popular way to get fit and active. If you have an hour to spare on a Thursday afternoon why not come along and give it a go!

Healthy Valleys have provided a number of 'feeding the family' courses within the **One Stop Shop** and are running another one starting on Thursday 1st May from 9.30 am - 11.30 am. This is a 6 week course and feedback from previous courses have been very positive. This gives members of the community an opportunity to sample and try out new healthy recipes. Everyone attending previously have thoroughly enjoyed participating and learning new cooking ideas to try out on their family. If you are interested in attending this or would like further information on any courses please contact the numbers below:



For further details contact *Healthy Valleys* on 01555 880666 or Coalburn **One Stop Shop** on 01555 820060.



**BUSY BEES
CRECHE**

Busy bees offers a safe, stimulating environment for children aged from birth - 5 years. It provides children with the opportunity of learning whilst making new friends. Our opening hours are from 9.00 am - 3.00 pm Monday to Friday with morning, afternoon and full day sessions. This enables parents free time whether to return to work, go shopping or relaxation for a few hours. Why not come along and view our facilities and activities.

For further information please telephone 01555 820060 and ask for Lynn or Hazel



Adult Learners Week

This year's **Adult Learners Week** runs from Saturday 17th May until Friday 23rd May. Coalburn **One Stop Shop** are participating this year and have a number of adult events on during this week. There is an Adult Literacy & Numeracy class on a Monday night from 7.00 - 9.00 pm. This class has been available for over a year now and has helped and continues to help adults who have difficulty in this area. There is a computer class for beginners and for more advanced pupils on a Wednesday from 9.00 am - 3.00 pm. There is also a Salsa class on a Thursday from 1.30 - 2.30 pm and 'Pampering Pitstop' on a Friday from 10.00 am - 12.00 noon.

To celebrate **Adult Learners Week** Coalburn **One Stop Shop** are providing the venue for *Healthy Valleys* in conjunction with **Home School Partnership** and **Community Learning Services** to put on an 'Around the World Event' on Wednesday 21st May from 10.00 am - 12.00 noon. This is a variety of Complementary therapy workshops and demonstrations. Booking essential. A full schedule of events and activities during Adult Learners Week throughout Lanarkshire is available at the **One Stop Shop**. For further information for any of the above please contact Helen on 01555 820060 or Nan at *Healthy Valleys* on 01555 880666.



Europe and Scotland
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**One
Stop,**

**Your
Stop,**

**Full
Stop.**